

DATE:

Wednesday, August 16, 2023

PRINCIPAL(S) :

Jean-Hugues Brossard, MD, CSPQ, FRCPC, President, CMPA

Lisa Calder, MD, MSc, FRCPC, CEO, CMPA

File name: Opening remarks and call to order

00:00:00

**Jean-Hugues Brossard:** (Voice of Translator) Hello everybody. My name is Jean-Hugues Brossard, I'm president of the Canadian Medical Protective Association. The interpreter is having a very hard time hearing the speaker, there is a lot of echo. (End of translation). Welcome to the Association's 119th annual meeting.

00:00:23

(Voice of Translator) Our meeting this year is being delivered virtually and in-person from Montreal and a large part of today's meeting will be in French. This is the first time that this meeting will take place in French. The interpreter is having a very hard time hearing the speaker, there is a lot of echo in the speaker's microphone.

00:00:56

All attendees have access to simultaneous interpretation through the headsets found on your seats or by selecting the appropriate language on your screens. I encourage unilingual in-person attendees to wear your headsets at all times to hear the presentation in the language of your choice.

00:01:18

We are pleased to have with us 113 people today in-person and 225 attendees joining us virtually from across Canada. We also have representatives from a number of health care organizations, and I would like to thank all of you for taking the time to join us today.

00:01:47

The meeting will begin in 10 minutes. First, we will once again have the elder and knowledge holder Amelia Tekwatonti McGregor, who will deliver a welcome speech. My colleague Dr. Lisa Calder and myself will then walk you through some housekeeping matters. We will also confirm the scrutineers for today's meeting, and we will approve the meeting minutes from our last annual meeting. So, let's get started. Lisa, over to you.

00:02:24

**Lisa Calder:** (Voice of Translator) Thank you, Jean-Hugues, and welcome everyone. I'm Dr. Lisa Calder, CEO of the CMPA. There being a quorum present I hereby declare this meeting to be duly constituted and call it to order. (End of translation)

00:02:41

To begin our meeting, I am going to introduce the revered community leader and knowledge holder Elder Amelia Tekwatonti McGregor. Elder McGregor is a Mohawk from the Bear Clan in Kahnawà:ke Territory. Amelia and I had a chance to chat last night and today, both with her daughter Carol. And I learned about why she is the founding member of the Kahnawà:ke schools diabetes prevention program.

00:03:08

She was inspired by the experience of her mother, who experienced type 2 diabetes. This program was launched in 1994. It was a participatory research project, pioneered in the community as a community outreach effort to stem what we know is a highly frequent disease amongst indigenous communities, type 2 diabetes.

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She's been invited to speak around the world about this project and she's inspired similar initiatives in other indigenous communities as well. She was recently recognized by McGill University with an honorary doctorate for her vital contributions to health promotion, community education and expanding fields of indigenous research methodology.

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Amelia and I also spoke about storytelling and if you have a chance to speak with Amelia, she has some really compelling stories to tell. And she reminded me that we all have stories to tell. So we will be telling you a story today about the CMPA, to you, our members. I would kindly ask that no one record\* with their phones the words that Elder McGregor is going to say to us today. These are words that she is saying in this moment, to us, now, and I encourage you to let those words land with you. Elder McGregor, it is an honour to have you with us today and I turn the floor over to you to open our meeting.

*\*The "no recording" request refers to personal recordings using cell phones. Elder McGregor granted permission for the CMPA to record and share her welcome address.*